Most current television shows, including the so-called children's shows, contain entirely too much violence. Most of it involves talking about murder, someone being murdered, a murdered person's body being shown, guns and blood galore, and entirely too many police shows. The violence is not only over the top for children, it's too much for most adults. It's disturbing. It's mind numbing. It makes children and adults believe there is criminal just around every corner. It is a distortion of reality. But, to a child's mind, it's real. The level of violence is at an all time high. Ideally, we would protect our children from most of it. What ever happened to the, "family hour.?"